

CENTER CUTS RIBBON ON NEW THERAPEUTIC PRESCHOOL PROGRAM



Helen Ross McNabb Center recently celebrated the opening of its Therapeutic Preschool program in Chattanooga. The Center looks forward to welcoming its first class to the Chattanooga Therapeutic Preschool in the fall.

“We are honored to open the Therapeutic Preschool program in Chattanooga,” said Gayle Lodato, senior director of Greater Chattanooga Area services for Helen Ross McNabb Center. “This program will help to provide essential services to children in our community.”

The Therapeutic Preschool program provides early intervention services to children ages 2-5 who have been abused or neglected, or who have experienced trauma of any kind. It is especially important that these children receive the treatment they need to address their Adverse Childhood Experiences (ACEs) in a safe and therapeutic environment.

The Hamilton County Therapeutic Preschool is only the second preschool of its kind in Tennessee. Helen Ross McNabb Center operates the Knoxville Therapeutic Preschool program as well.

“Preschool education is so critically important to set students up for success in elementary school, middle school, high school and ultimately college,” said Dr. Rebecca Ashford, president of Chattanooga State Community College and Helen Ross McNabb Center board member.

Chattanooga’s Therapeutic Preschool program was made possible by Helen Ross McNabb Foundation fundraising, including private philanthropy, United Way funds, Community Foundation of Greater Chattanooga grants, Robert F. Stone Foundation grant, First Horizon Foundation and UNUM.

“We are fortunate to live in a very generous community, even in these uncertain times,” said Ross Schram, Helen Ross McNabb Foundation board member and senior counsel at Baker Donelson. “There are many people, and organizations, that are willing to step up and do their part to improve the lives of people in Hamilton County.”



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“Improving the lives of the people we serve.”

CELEBRATING MCMINN COUNTY RIBBON CUTTING



Staff and community leaders came together to celebrate the opening of Helen Ross McNabb Center's new, permanent home in McMinn County.

The Center recently expanded services in the region and opened a new outpatient center in Athens. The new location allows the Center to increase capacity for outpatient mental health services, case management and addiction treatment services.

“We are very happy to have a large location where we can expand our services to Athens and the surrounding counties,” said Brad Franks, director of Greater Chattanooga Area services. “This new facility will allow us to continue our mission of improving the lives of the people we serve.”

Due to the COVID-19 pandemic, the Center held a small outdoor program with Athens City Administrator Seth Sumner, McMinn County Mayor John Gentry and Representative Mark Cochran.

Each speaker recognized the need for treatment services in the area.

“I believe that the root of the largest amount of problems that we have in society today comes from a lack of resources in mental health,” Sumner said. “I am so proud that we have this facility to address those concerns.”

Helen Ross McNabb Center was invited to provide services in the community in 2013. Since that time, the Center has sought to address mental health and addiction needs.

“We were excited to have you in the community when you first got here,” Rep. Cochran said. “Now to see your services expand and see that you’re going to have the capacity to help that many more people and provide that many more services, we appreciate what you do. You serve a critical need.”



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Mr. Mitch Steenrod
Mr. Clarence Vaughn, Secretary
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Mrs. Ashley White, Chair-Elect
Mrs. Rosemary Wigington

*Hamilton County board members

CENTER RECEIVES COVID RELIEF GRANTS AND DONATIONS

Across Helen Ross McNabb Center, programs have seen an increased need for personal protective equipment, telehealth supplies and other items to ensure mental health, addiction, social and victim services can continue uninterrupted during the global pandemic. Throughout these trying times, Helen Ross McNabb Center's mission remains constant; "improving the lives of the people we serve."

The Center has been able to continue providing quality and compassionate care to clients with the help of a number of generous contributions in the form of COVID relief grants and community donations.

The Center received nearly \$530,000 in COVID-19 funding from a variety of organizations like United Way, the Tennessee Department of Mental Health & Substance Abuse Services (TDMHSAS), Trinity Health Foundation of East Tennessee and the Federal Communications Commission. These dollars off set the cost of equipment for telehealth, allowed for new outreach and funded new clinical services in response to COVID-19. It was an amazing response to help those affected by the pandemic at a local level.



TDMHSAS COVID RELIEF GRANT

TDMHSAS provided COVID-19 specific funding to support the state's existing crisis services continuum, Behavioral Health Safety Net, and substance abuse treatment and recovery services.

“While the physical symptoms of the COVID-19 pandemic are visible almost immediately, this outbreak is going to have long-lasting behavioral health impacts that will rise to the surface and need attention in the coming months,” said TDMHSAS Commissioner Marie Williams, LCSW. “This grant will allow the department to expand its services to best respond to the growing needs of Tennesseans.”



FCC COVID RELIEF GRANT

On April 2, 2020, the Federal Communications Commission established the COVID-19 Telehealth Program to help make telehealth services readily available to clients who are unable to be seen in person.

Helen Ross McNabb Center was awarded \$249,773 to provide computers, laptops, and other connected devices to provide mental health, addiction, social and victim services via telehealth at 17 sites throughout East Tennessee during the COVID-19 pandemic.



UNITED WAY GRANT

United Way Worldwide established the COVID-19 Community Response and Recovery Fund on March 17, 2020 to support communities impacted by COVID-19. Helen Ross McNabb Center has received nearly \$70,000 in relief funds from United Way to be used toward telehealth services, Firm Foundations program, which provides street outreach to assist homeless individuals and families, and personal protective equipment across Knox, Blount and Anderson Counties.



TRINITY HEALTH FOUNDATION GRANT

Trinity Health Foundation of East Tennessee funded urgent needs faced by the Center during the COVID-19 pandemic. The organization provided two \$15,000 grants for the Center to use for personal protective equipment, which is essential to the Center's ability to continuing to serve the community while keeping staff and clients safe.

COMMUNITY DONATIONS

As the need for personal protective equipment and other necessary supplies grew so did community support. Helen Ross McNabb Center received an outpouring of community donations in the form of time, physical donations and monetary contributions. Local businesses, including Mollenhour Gross, Pilot Flying J and Old Forge Distillery provided face masks, sanitizer and other personal protective equipment. Without these generous gifts, our facilities would be unable to continue "improving the lives of the people we serve."

MARTIN HUSSEY JOINS DEVELOPMENT TEAM

Martin Hussey comes to the Helen Ross McNabb Foundation with 20 years of business experience including: agribusiness, real estate and corporate social responsibility. Prior to joining the Foundation, Martin spent six years raising funds and awareness for Chattanooga United Way as a development officer working with corporate partners like: McKee Foods, Volkswagen, Shaw Floors, Roper Corporation, Coca-Cola Bottling, Sanofi, CBL Properties, PlayCore and Southern Champion Tray.

Martin and his wife Molly have been married more than 20 years and have two children in college: a daughter starting her senior year and a son they just dropped off to start his freshman year!

Martin is responsible for the management and growth of the Helen Ross McNabb Foundation and Center's development and government relations activities in Hamilton County. This includes the annual fund campaign, special events and increasing the community's awareness of the McNabb Center and its mission.

Martin is excited to join the team and for the opportunity to raise the profile for one of the premier healthcare organizations in Hamilton County and East Tennessee!



Martin Hussey assistant director of development and government relations, Greater Chattanooga Area

CHRISTMAS IN JULY RECAP

Due to COVID-19, the 2020 Christmas in July Toy Drive was adapted to an online format. Participants were encouraged to shop the Center's Amazon Wishlist and to schedule physical donation dropoffs. This year's Christmas in July Toy Drive collected 120 items to be used towards our Dear Santa program.

For more than 20 years, the Center has provided holiday gifts for approximately 2,300 children and adolescents up to 18 years of age through the Dear Santa program. Child clients in need, and their siblings, receive donated gifts from community sponsors. Because many of the children have limited resources, many wish lists consist of basic items like clothing, a winter coat, new shoes and, of course, their Christmas wish for Santa.

The Christmas in July Toy Drive presented by Discovery, Inc. aims to address this need for children during the holiday season.



CENTER AND FOUNDATION WELCOME NEW BOARD MEMBERS



NEW HELEN ROSS MCNABB CENTER BOARD MEMBERS

Helen Ross McNabb Center president and CEO, Jerry Vagnier, welcomes new board members and newly elected board officers.

Newly appointed 2020-2021 Helen Ross McNabb Center board members include:

Mr. Whit Addicks
Ms. Eden McNabb Bishop
Mrs. Jenny Brock
Mr. Brian Rauch
Ms. Cindy Sexton*
Ms. Laura Shamiyeh
Mr. Mitch Steenrod

2020-2021 Helen Ross McNabb Center Board of Directors elected officers include:

Dr. Amy Cathey, Chair
Mr. Wade Davies, Chair-Elect
Judge Richard Stair, Past Chair
Mr. Clarence Vaughn, Secretary
Ms. Andrea White, Treasurer

In order to encourage and maintain accountability, the Center is governed by a volunteer board of directors. Board members have the responsibility to create and evaluate policy and organizational goals regarding the Center's finances and services. Board members are elected to serve a three-year term and may serve two terms consecutively.

**Hamilton County board members*



NEW HELEN ROSS MCNABB FOUNDATION BOARD MEMBERS

Houston Smelcer, vice president of development and government relations, welcomes new board members and officers to the Foundation's Board of Directors.

Newly appointed 2020-2021 Helen Ross McNabb Foundation board members include:

Mr. Jason Bohne
Mr. Chris Castleberry
Mr. Joe Costner
Mr. Ted Flickinger
Mr. Pete Frederick*
Mrs. Lucy Hand
Mr. John Luttrell
Mr. Richard Maples
Mr. Randy Overbey
Mrs. Lisa Rottmann

2020-2021 Helen Ross McNabb Foundation Board of Directors elected officers include:

Mr. David Wedekind, Chair
Mrs. Ashley White, Chair-Elect
Mr. David Ownby, Treasurer
Mr. Ford Little, Secretary
Mrs. Susan Conway, Immediate Past Chair

Since its founding in 1972, Helen Ross McNabb Foundation has worked diligently to support the work of the Helen Ross McNabb Center. In addition to providing leadership and direction, the Foundation's staff and volunteer board actively raises, holds and invests funds on behalf of the Center. Funds raised by the Foundation over nearly 50 years have contributed greatly toward the stability and growth of the Center.

**Hamilton County board members*



Helen Ross McNabb FOUNDATION

Through the Helen Ross McNabb Foundation's giving options, you have the opportunity to leave a legacy starting today. There are many ways you can create a brighter future for children, adults and families in East Tennessee by remembering the Helen Ross McNabb Center in your financial planning or giving through special events, programs and campaigns. For more information, please call the Foundation at (865) 541-6684.

Gifts from April. 1, 2020 - June. 30, 2020

BETH HAYNES 12 DAYS OF CHRISTMAS ONLINE AUCTION

Blue Skies
Chattanooga Lookouts
Baseball
Chattanooga Whiskey
Highpoint Climbing and Fitness
II Primo
Larimar Medspa
Milk & Honey
Ruby Falls
Southern Belle Riverboat
Tennessee Aquarium
Tennessee Valley Railroad Museum
The Pottery Place
Chattanooga

DEAR SANTA

Mary Jo Barbaretta
Gayle Lodato
Doris Smith

SCENIC CITY SPORTING CLAYS TOURNAMENT

Vulcan Materials Company

THERAPEUTIC PRESCHOOL CAMPAIGN - CHATTANOOGA

Dr. Rebecca Ashford
Stefanie and Francis Crowe
Scott and Margaret Ferguson
First Horizon Bank
Jo Ann Parker
Robert Finley Stone Foundation
Keith and Julia Sanford
Ross and Hillary Schram
Cynthia Stone

HONORING OTHERS

Bob and Holly Weatherwax
In memory of Janet Skinner

THERAPEUTIC PRESCHOOL STAFF CAMPAIGN

Aleta Perkey
Alex Clement
Alexis Lewis
Alison Ward
Alyssa Smith
Amy and Jerry Vagnier
Amy Kuhn
Amye Cole
Andrea Tanner
Andy and Abby Buckner
Angela Miller
Ann Smelser
Ashley Lowry
Ashley Spurling
Ashley Thomas
Beronica Goodman
Bethany Ott
Brad Jennings
Brenda Lane
Brian Ruth
Brittany Thompson
Brittney Minga
Brooke Bagley
Buffy Russell
Byrd Family
Cade Long
Candace Allen
Candi Aman - for the little ones
Casey Strum
Cassie deVente
Cassie Satterfield
Catherine Oaks
Chelsie Gharavi
Cheryl Geames
Christen Thomas
Christina Ameen
Connie Costello
Corky Long
Cortney Lynn Photography
Courtney Cagle
Courtney Coltharp
Courtney Harmon
Crumpet
Daisha Arnold
David and Catherine Manning
Debbie Blevins
Dee Greenlee
Denise Scott
Desiree Williams

Destiny O'Neal
Donna Johnson
Doris Rodriguez
Dr. John Murphy
Elizabeth Crawford
Elizabeth Francis
Emily McConnell
Emily R. Lovejoy
Emma Rowland
For the little ones
Gayle Lodato
Gina Hildreth
Gladys Miles
Glynis Evans
Grant and Lauren Newman
Hannah Schoettmer
Heather Young
Hilde L. Phipps
Holly Pearce
Houston and Carletta Smelcer
Hugo and Martha West
Jacqueline Day
Janay Drost
Janet and Matt Jenkins
Janna Morgan
Jayquan & Jaylen Coney
Jeanne Metcalf
Jen McMahon
Jen Price
Jenn Johnson
Jennifer Hill
Jennifer Lovett
Jennifer McLaughlin, BA
Jennifer Phillips
Jennifer Province
Jennifer Silcox
Jerri S. Little
Jess Corea
Jessi Jeffrey
Jessi Perry
Jessica Carlton
Jewell Minnich
Jheri Volner
Jill Barnes
Jill Boateng
Joana Perez
Joanna Irvine
Joe Davis
Josh Johnson
Julia Allison
Julie Barnette

Kaileen Joritz
Kate Orem
Kate Vogt, BS
Kathryn Spittler
Katy Nottingham-Marcum
Kayla Henson
Kayla Knoll
Kayla Tatum-Sharp
Kelli Reed
Kellie Grover
Kellie McClain
Kelly Sax
Kellye Hudson
Kelsey Cox
Kelsey Johnson
Keri Allen
Kim Evans
Kim M.
Kim Sweet
Lacy Noble
Laura Allison
Lauren Gangaware
Lauren Meredith
Lindsay Blankenship
Lindsay Hughes
Lindsay Stone
Lindsey Rose
Lisa Garland
Lisa Wilkerson
Love, Leslie Kimsey
Maci Kitchens
Mandy Walker
Manju Khanna
Margaret Huffstetler
Marissa Hill
Marissa Mode
Martha Culbertson
Mary Katsikas & Daren Poppen
Mary Nelson
Matt and Shannon Dow
Meagan Green
Melissa D. Frye
Melissa Pennington
Melissa Young
Micah Jordan Morris
Michael Garey
Michael Waltke
Michelle Truitt
Mona Blanton-Kitts
Monica Olson
Morgan Henry

Nancy Ann Thompson
Natia Shrout
Nicholas Ball
Olivia Smith
PACT
Pamela Coleman
Pamila Williams
Patricia Paden
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Roberta Wilbanks
Rusty Winchester
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Sarah Karnes
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Trista Cole
Vance Cleveland
Vivian Fleming
Will Giebert
William Barricklow
William Cansler
Yeni Martinez
Your Neighbor, Joey Carr
Jason Lay
Tricia Bollman

Brett Rorex
In honor of Jason Lay

Betty Savage
In honor of Jason Lay

Emily Hoekstra
*In honor of Knox
School Based Services*

Rickey Moses
In honor of Linkin and Kason

Jennifer Hacker
*In honor of Paula Hudson's 30
years of longevity*

Meredith Brannan
*In honor of Paula Hudson's 30
years of service*

Haven Collins
*In honor of Paula Hudson's 30th
Anniversary at HRMC*

Karen Sprague
*In honor of Paula Hudson's 30th
Anniversary at HRMC*

Lindsay Riggs
*In honor of Paula Hudson's 30th
year of service*

Lauren Bobrowski
In honor of those we serve

Leann Hilliard
In honor of those we serve

Amanda McClellan
*In loving Memory of Rodney
McClellan*

Anna Christiansen
*In memory of Carol
Christiansen*

Jennifer Traynor
In memory of Geoff G. Young

Doris Talley
*In Memory of Isaiah Talley
Woods*

Emily Humphreys
*In memory of Samuel
Richardson Hill, Jr.*

Phyllis Martin
*In honor of my mother who
passed away September 2019*





Administrative Office
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6049 Shallowford Road
Chattanooga, TN 37421
(423) 266-6751

Hamilton County Adult Outpatient Center
601 Cumberland Street
Chattanooga, TN 37404
(423) 266-6751

Hamilton County Child and Adolescent Center
6055 Shallowford Road
Chattanooga, TN 37421

The Lighthouse Peer Support Center
509 South Highland Park
Chattanooga, TN 37404
(423) 756-1295

