

COVID RELIEF GRANTS AND DONATIONS

Across Helen Ross McNabb Center, programs have seen an increased need for personal protective equipment, telehealth supplies and other items to ensure mental health, addiction, social and victim services can continue uninterrupted during the global pandemic. Throughout these trying times, Helen Ross McNabb Center's mission remains constant; "improving the lives of the people we serve."

The Center has been able to continue providing quality and compassionate care to clients with the help of a number of generous contributions in the form of COVID relief grants and community donations.

The Center received nearly \$530,000 in COVID-19 funding from a variety of organizations like United Way, the Tennessee Department of Mental Health & Substance Abuse Services (TDMHSAS), Trinity Health Foundation of East Tennessee and the Federal Communications Commission. These dollars off set the cost of equipment for telehealth, allowed for new outreach and funded new clinical services in response to COVID-19. It was an amazing response to help those affected by the pandemic at a local level.



TDMHSAS COVID RELIEF GRANT

TDMHSAS provided COVID-19 specific funding to support the state's existing crisis services continuum, Behavioral Health

Safety Net, and substance abuse treatment and recovery services.

“While the physical symptoms of the COVID-19 pandemic are visible almost immediately, this outbreak is going to have long-lasting behavioral health impacts that will rise to the surface and need attention in the coming months,” said TDMHSAS Commissioner Marie Williams, LCSW. “This grant will allow the department to expand its services to best respond to the growing needs of Tennesseans.”



FCC COVID RELIEF GRANT

On April 2, 2020, the Federal Communications Commission established the COVID-19 Telehealth Program to help make telehealth services readily available to clients who are unable to be seen in person.

Helen Ross McNabb Center was awarded \$249,773 to provide computers, laptops, and other connected devices to provide mental health, addiction, social and victim services via telehealth at 17 sites throughout East Tennessee during the COVID-19 pandemic.

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“Improving the lives of the people we serve.”

HELEN ROSS MCNABB FOUNDATION AWARDS GRANTS TO CENTER

The Helen Ross McNabb Foundation supports the Helen Ross McNabb Center through its grantmaking process. This year, the Foundation approved \$330,000 in grant funding to continue two projects: the Embedded Psychiatry program and the Medication Assisted Treatment program.

These unique programs began through grant funding from the Trinity Health Foundation of East Tennessee and, because of their impact on those in need, continue to this day.

EMBEDDED PSYCHIATRY WITHIN EMERGENCY DEPARTMENTS

Helen Ross McNabb Center's Embedded Psychiatry program partners with both the University of Tennessee Medical Center and East Tennessee Children's Hospital to provide psychiatric consultation within the emergency departments. More than 10 percent of all emergency department patients in the United States present with psychiatric symptoms. While emergency department providers are able to meet a patient's acute physical health needs, the departments often lack specialized psychiatric providers trained to deliver the needed care during a time of crisis.

This program, which began in 2019, has shown great success in both emergency departments and its continuation is integral to serving those in need. Seeing this demand, the Helen Ross McNabb Foundation approved a \$250,000 grant for the continuation of the Embedded Psychiatry program.

MEDICATION ASSISTED TREATMENT (MAT)

MAT is a proven method of treating addiction disorders. Combining medications, such as Vivitrol and buprenorphine, with traditional therapies has been successful for individuals struggling with addictions. Helen Ross McNabb Center provides buprenorphine through its CenterPointe location, and Vivitrol through numerous outpatient clinics.

The Helen Ross McNabb Foundation approved \$80,000 for the continuation of this program. Through the Helen Ross McNabb Foundation's support, the Center's MAT programs will continue to serve those with the most need and fewest resources.



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*Hamilton County board members

EVENTS RECAP

BOB KESLING AND BERT BERTELKAMP GOLF TOURNAMENT

The seventh annual Bob Kesling and Bert Bertelkamp Golf Tournament held on Monday, July 27, 2020 at Holston Hills Country Club was a great success. Approximately 140 players joined the competition to raise funds for nearly 30,000 children, adults and families in East Tennessee experiencing mental illness, addiction and social challenges. This year's fundraiser was a huge success and raised more than \$85,000 for the Center.

“This is a great day of golf and a wonderful way to positively impact our community.”
- Bob Kesling



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In Memory of Herb Ogle

RUSSELL BIVEN SUMMER CLAYFEST TOURNAMENT

Nearly 300 shooters came out for the 2020 Russell Biven Summer Clayfest Tournament. The event was held August 7 and 8 at Chilhowee Sportsman's Club in Maryville and is presented by Cherokee Distributing in memory of Herb Ogle. This year's tournament exceeded its target and raised over \$78,000. WBIR's Russell Biven hosts the tournament to benefit mental health, addiction and social services provided by Helen Ross McNabb Center in East Tennessee. Russell spent each day speaking with participants and partaking in the day's activities.

DEAR SANTA CHRISTMAS IN JULY TOY DRIVE

Due to COVID-19, the 2020 Christmas in July Toy Drive was adapted to an online format. Participants were encouraged to shop the Center's Amazon Wishlist and to schedule physical donation dropoffs. This year's Christmas in July Toy Drive collected 120 items to be used towards the Dear Santa program.

For more than 20 years, the Center has provided holiday gifts for approximately 2,300 children and adolescents up to 18 years of age through the Dear Santa program. Child clients in need, and their siblings, receive donated gifts from community sponsors. Because many of the children have limited resources, several wish lists consist of basic items like clothing, a winter coat, new shoes and, of course, their Christmas wish for Santa.

The Christmas in July Toy Drive presented by Discovery, Inc. aims to address this need for children during the holiday season.



presented by



MOBILE CLINIC AWARD



Helen Ross McNabb Center will soon be rolling out a new mobile clinic thanks to a \$10 million dollar grant from the Tennessee Department of Mental Health & Substance Abuse Services (TDMHSAS). The mobile clinic will provide mental health, addiction and primary care services to individuals in rural counties. The goal of this program, known as Project Rural Recovery, is to bring behavioral services to rural Tennesseans in need of them most.

“In his very first executive order, Governor Lee challenged us all to take stock of how we serve rural Tennesseans and to do more and to do better. With Project Rural Recovery, we’re thinking outside the box to create mobile clinics that will overcome infrastructure limitations in our rural areas. As our communities respond to COVID-19, these mobile clinics will allow us to create better access to services,” said TDMHSAS Commissioner Marie Williams, LCSW. “We are truly grateful to our federal partners, our Governor for his leadership, our community

providers, and our team at the department. This grant is going to have a legendary impact for years to come.”

Project Rural Recovery aims to set a standard for a new model of care in rural Tennessee that brings quality and compassionate primary care and behavioral health services to Tennesseans who are currently under-served by current mobile service methods. Once the program is fully implemented, 2,000 Tennesseans at 4,800 clinic visits per year will receive care they formerly did not have access to.

The mobile clinic will serve the following counties:

- Cocke
- Hancock
- Grainger
- Claiborne
- Jefferson

COVID-19 RELIEF GRANTS AND DONATIONS

Continued from page 1



UNITED WAY GRANT

United Way Worldwide established the COVID-19 Community Response and Recovery Fund on March 17,

2020 to support communities impacted by COVID-19.

Helen Ross McNabb Center has received nearly \$70,000 in relief funds from United Way to be used toward telehealth services, the Firm Foundations program, which provides street outreach to assist homeless individuals and families, and personal protective equipment across Knox, Blount and Anderson Counties.

faced by the Center during the COVID-19 pandemic. The organization provided two \$15,000 grants for the Center to use for personal protective equipment, which is essential to the Center’s ability to continuing to serve the community while keeping staff and clients safe.

COMMUNITY DONATIONS

As the need for personal protective equipment and other necessary supplies grew so did community support. Helen Ross McNabb Center received an outpouring of community donations in the form of time, physical donations and monetary contributions.

Local businesses, including Mollenhour Gross, Pilot Flying J and Old Forge Distillery provided face masks, sanitizer and other personal protective equipment. Without these generous gifts, our facilities would be unable to continue “improving the lives of the people we serve.”

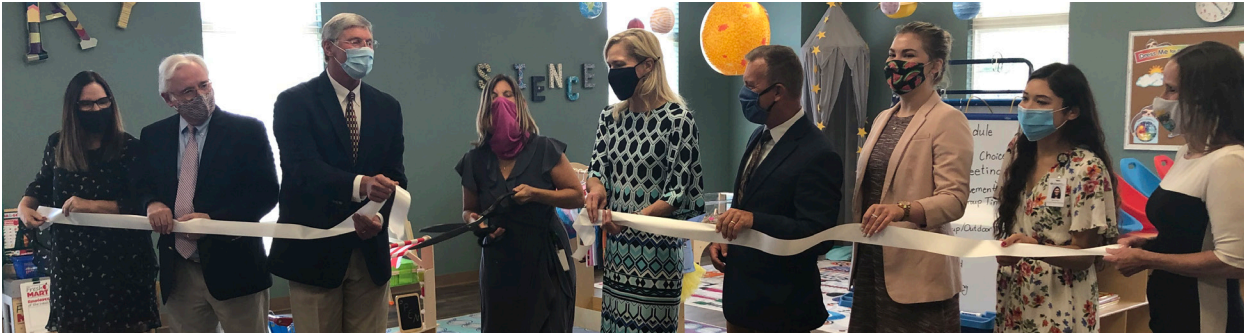


TRINITY HEALTH FOUNDATION GRANT

Trinity Health Foundation of East Tennessee funded urgent needs

HAMILTON AND MCMINN COUNTY RIBBON CUTTINGS

On Wednesday, July 15th Helen Ross McNabb Center celebrated the opening of its newest outpatient clinic as well as its second Therapeutic Preschool program. Because of the COVID-19 pandemic, these ribbon cuttings were small gatherings and shared through traditional and social media. Chattanooga's Therapeutic Preschool program was made possible by Helen Ross McNabb Foundation fundraising, including private philanthropy, United Way funds, Community Foundation of Greater Chattanooga grants, Robert F. Stone Foundation grant, First Horizon Foundation and UNUM.



HAMILTON COUNTY THERAPEUTIC PRESCHOOL RIBBON CUTTING

The Center looks forward to welcoming its first class to Chattanooga's Therapeutic Preschool in the fall.

The Therapeutic Preschool program provides early intervention services to children ages 2-5 who have been abused or neglected, or who have experienced trauma of any kind. It is especially important that these children receive the treatment they need to address their Adverse Childhood Experiences (ACEs) in a safe and therapeutic environment.

The Hamilton County Therapeutic Preschool is only the second preschool of its kind in Tennessee. Helen Ross McNabb center operates the original Therapeutic Preschool program in Knoxville.

“We are honored to open the Therapeutic Preschool program in Chattanooga,” said Gayle Lodato, the Center's senior director of Greater Chattanooga Area services. “This program will help provide essential services to children in our community.”

MCMINN COUNTY CENTER RIBBON CUTTING

Staff and community leaders came together to celebrate the opening of Helen Ross McNabb Center's new, permanent home in McMinn County.

The Center recently expanded services in the region and opened a new outpatient center in Athens. The new location allows the Center to increase capacity for outpatient mental health services, case management and addiction treatment services.

Due to the COVID-19 pandemic, the Center held a small outdoor program with Athens City Administrator Seth Sumner, McMinn County Mayor John Gentry and Representative Mark Cochran. Each speaker recognized the need for treatment services in the area.

Helen Ross McNabb Center was invited to provide services in the community in 2013. Since that time, the Center has sought

to address mental health and addiction needs and grow services by increasing access.

“We were excited to have you in the community when you first got here,” Rep. Cochran said. “Now to see your services expand and see that you're going to have the capacity to help that many more people and provide that many more services, we appreciate what you do. You serve a critical need.”



WELCOME 2020-2021 BOARD MEMBERS



Newly appointed board members include:

Mr. Whit Addicks
Ms. Eden McNabb Bishop
Mrs. Jenny Brock
Mr. Brian Rauch
Ms. Cindy Sexton*
Ms. Laura Shamiyeh
Mr. Mitch Steenrod

2020-2021 elected officers:

Dr. Amy Cathey, Chair
Mr. Wade Davies, Chair-Elect
Judge Richard Stair, Past Chair
Mr. Clarence Vaughn, Secretary
Ms. Andrea White, Treasurer



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Mr. Joe Costner
Mr. Ted Flickinger
Mr. Pete Frederick*
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Mr. John Luttrell
Mr. Richard Maples
Mr. Randy Overbey
Mrs. Lisa Rottmann

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Mrs. Ashley White, Chair-Elect
Mr. David Ownby, Treasurer
Mr. Ford Little, Secretary
Mrs. Susan Conway, Immediate Past Chair
Mr. Wade Davies, Ex-officio

**Hamilton County board members*



Helen Ross McNabb FOUNDATION

Through the Helen Ross McNabb Foundation's giving options, you have the opportunity to leave a legacy starting today. There are many ways you can create a brighter future for children, adults and families in East Tennessee by remembering the Helen Ross McNabb Center in your financial planning or giving through special events, programs and campaigns. For more information, please call the Foundation at (865) 541-6684.

Gifts from April. 1, 2020 - June. 30, 2020

ACCESS TO CARE

Home Federal Bank
Alex B. and Jane Shafer

BETH HAYNES 12 DAYS OF CHRISTMAS ONLINE AUCTION

Barnhart Crane & Rigging Co.

BIG BBQ BASH

David and Charlene Dubs
Jeff and Cindy Thompson

BLOUNT COUNTY CLINIC

David and Teresa Davies

BOB KESLING AND BERT BER- TELKAMP GOLF TOURNAMENT

21st Mortgage Corporation
Steve W. and Ann H. Bailey
Denark Construction, Inc.
Hiller Plumbing, Heating & Cooling
Company, Inc.
Knoxville TVA Employees Credit
Union

Lakewood Capital Group, LLC

Pugh CPAs
RTC General Contractors
Stowers Machinery Corporation
The Genoa Foundation

CENTERPOINTE SERVICES

Jane L. Pettway Foundation

CHILDREN AND YOUTH SERVICES

Michelle Hall
John and Karen Retterer

DEAR SANTA

Brittanie and Ben Weaver

DOMESTIC VIOLENCE SHELTER/ SEXUAL ASSAULT CENTER OF EAST TENNESSEE CAMPAIGN FUND

Lewis C. and Cynthia Foster
Vincent and Sheila Keller

WILLOW COTTAGE

Haslam 3 Foundation

EVENING OF HOPE

Citizens National Bank
David and Susanne Deneau
Douglas A. and Carla Harris
HomeTrust Bank

FAMILY CRISIS CENTER

Steff Butler
Ashley Clark
Hillcrest United Methodist Church
Jane L. Pettway Foundation
Junior League of Knoxville
Greg Purcell
The Beauty MRKT

GENERAL SUPPORT

Margaret Arning
Barnhart Crane & Rigging
Sabrina Becker
Tamara Boyer
Gina Carter
Chicken City
Cokesbury United Methodist
Women
Amanda Dascomb
TN Department of Mental Health
and Substance Abuse Services
Ferguson Enterprises, Inc.
First Horizon Foundation
John M. Foley
Homestead Inc.
Dean T. Howell
JoAnn Fabrics and Crafts
Dr. Joseph E. and Pat Johnson
Kimberly-Clark Foundation
Knox Makes Masks
Mark E. and Peggy Littmann
Midlab Inc.
Mollenhour/Gross
Christina Moradian
North Knoxville Business
Professional Association
Old Forge Distillery
Pilot Company
Pledgeling Foundation
Jeffrey Plemons
Goteez
Scott's Plumbing Company
J. Gordon Smith and Emily L Smith
Strate Insurance Group, Inc.
Tennessee Emergency Management
Agency
Tennessee Health Care Association
Edward and Shirley Treadway
Trinity Health Foundation of East
Tennessee
United Way of Anderson County
University of Tennessee Campus
Chest Committee
University of Tennessee Medical
Center

Sharon Wells
Melinda Wilson

HAMBLEN COUNTY RECOVERY HOUSING

First Horizon Foundation
The Melting Pot

JAIL TO WORK CAMPAIGN

Ray Bible
Maximillian Davis
Michael and Donna Dillard
Jane Elliott
Jefferson Federal Charitable
Foundation
Blain and Lindy Potter
Strate Insurance Group, Inc.

KNOXVILLE CHALLENGER TENNIS TOURNAMENT

Mark and Patricia Eklund
Howard Fass
Robert and Antonieta Haralson
SBL Investment Properties, LLC
Smoky Mountain Hearing Specialists
Neal and Anne Stapp
Taylor Law Firm

MILITARY SERVICES

Mackey and Debby Brownlee
City-Wide Service Club
George E. and Nancy Doeblor
Wade and Joan Ewers
George and Cheryl Kershaw
Philip and Janet Lawson
Robert E. and Margaret Petrone, Sr.
Mitch and Debby Steenrod
Thompson Charitable Foundation

MINERAL SPRINGS CAPITAL CAMPAIGN

Tennessee Housing Development
Agency (CHI-2)

RUSSELL BIVEN SPORTING CLAYS TOURNAMENT

Alan Associates Architects
Gary W. and Julia Bentley
BESCO
Blevins Group, Realty Executives
Centriworks
Choto Family Dentistry
Claiborne Hauling Contractors
Ben Goodson
Joseph Construction Company
Knoxville Leaf & Lawn, LLC
Craig Moss
Beverly Ogle
Daren Poppen
Proffitt & Goodson, Inc.
DeWayne and Angela Raines

Rogers Group
Stephen P. and Kim Rosen
Quality Machine & Welding
Shafer Insurance Agency, Inc.
ShoffnerKalthoff MES
Stowers Machinery Foundation
Vulcan Materials Company

SEVIER COUNTY CAPITAL CAMPAIGN

First Horizon Foundation
Richard and Ann Montgomery

SPIRIT AWARD DINNER

Blalock Companies
Regal Foundation

THERAPEUTIC PRESCHOOL

Akima Club

THERAPEUTIC PRESCHOOL CAMPAIGN - CHATTANOOGA

Dr. Rebecca Ashford
First Horizon Bank
Ross and Hillary Schram

MILITARY SERVICES

Consolidated Nuclear Security

YOUTH EMERGENCY SHELTER

Roberta Eidson
Mount Olive Baptist Church

HONORING OTHERS

Larry and Brenda Cox
In memory of Lallah Gibbs

Chicken City
In memory of Lallah Gibbs

Larry and Brenda Cox
In memory of Lallah Gibbs

Homestead Inc.
In memory of Lallah Gibbs

Jennifer Appleton
In memory of Allison Henningsen

Joy Grace and Family
In memory of Allison Henningsen

Harriet Miller
In memory of Allison Henningsen

Jo Ann Smith and Family
In memory of Allison Henningsen

Debbie Wheelles and Family
In memory of Allison Henningsen

Roane Medical Center
*In memory of Samira
Mustafa Hatab*

Thomas and Marcia Anderson
In memory of Jo Ann Parker

The Moussouri Family
In memory of Jo Ann Parker

Fay B. Carr
In memory of Becky Hartman

Teresa Fisher
In memory of Larry Trapp

Robert Graves
In memory of Nicolas Haynes

Angela Kelly
In memory of Rick Maynard

Joe Mont McAfee
In memory of George B. Sampson

Judy Morton
In honor of Cheryl Kershaw

Sharon W. Rouser
In memory of Daniel Geros

Don and Becky Vansant
In memory of Doris Statts

Y-12 Fire Department Benevolence
In memory of Christopher Kirby

Jerry L. and Ann Bodi, Jr.
*In memory of Senior
Airman Brandon Hall*

Pamela Durban
*In honor of those who have
suffered and are being support-
ed by this great organization*



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COVID-19 COUNSELING HELPLINE

Call (855) 661-9191
Help starts here.

Call us if you need to talk about how COVID-19 is affecting you.

We can help you **manage stress**, find **emotional support** or connect you to **community resources**.

The COVID-19 helpline provides free assistance to individuals affected by the pandemic in East Tennessee.

The helpline is answered 8 a.m. - 5 p.m., Monday through Friday.



Affected by COVID-19?
Call 1 (855) 661-9191



This material is supported by a federal grant response to FEMA DR 4514 - TN.