

NEWSLETTER

WINTER/SPRING 2021

CENTER EXPANDS SCHOOL-BASED SERVICES TO MEIGS, BRADLEY AND MCMINN COUNTIES



The McNabb Center has expanded its school-based services and is now able to serve students in Meigs, McMinn and Bradley counties.

“This expansion is exciting because it allows us to provide trauma-informed behavioral health services

and support students in these communities,” said Brad Franks, director of Hamilton and McMinn counties for the McNabb Center. “Our school-based services aim to foster positive relationships between schools and families as well as remove barriers for students needing care.”

The Tennessee Department of Mental Health & Substance Abuse Services is working to expand school-based services statewide. The goal is to provide a school-based behavioral health liaison in every county in Tennessee. This expansion will provide necessary support for school aged children who are struggling with their mental health or substance use.



“With the COVID-19 pandemic affecting so many facets of life, there has never been a time of greater focus on the mental health of our children, youth and young adults,” said TDMHSAS Commissioner Marie Williams, LCSW.

WORKFORCE DEVELOPMENT AWARD

The McNabb Center was awarded a five-year, nearly \$2.5 million grant to provide supported employment services to individuals seeking treatment for substance use disorder. The grant program, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), is intended to implement evidence-based programs to support individuals in substance use disorder treatment and recovery to live independently and participate in the workforce.

“We know that obtaining employment helps individuals maintain their recovery journey,” said Michael Waltke, McNabb Center’s senior director of adult outpatient mental health and recovery services. “Through this grant we will be able to support clients in developing job skills and find and keep their job.”



This service will be offered to individuals active in the Center’s existing intensive outpatient treatment programs. The goal is to help people who have a substance use disorder diagnosis to quickly obtain and maintain employment.

The McNabb Center will hire four employment specialists who will serve Anderson, Blount, Hamblen, Hamilton, Knox, McMinn and Sevier Counties.

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GAYLE LODATO NAMED VICE CHAIR OF MOCCASIN BEND ADVISORY BOARD

Gayle Lodato, senior director of Greater Chattanooga area services for the McNabb Center was selected to serve as Vice Chair of the Moccasin Bend Advisory Board. Moccasin Bend is the regional state psychiatric hospital located in Chattanooga, Tennessee.

Gayle has served on the board since June 2018 and will serve as vice chair until July 2021, when she will become the board chair.

The collaboration between the McNabb Center and Moccasin Bend plays an important role in meeting client's needs.

“Working together provides opportunities to advocate for those who are served by both the McNabb Center and Moccasin Bend,” Gayle said.

In addition to serving on the Moccasin Bend board, Gayle also has been attending TDMHSAS Region III Planning and Policy Council's quarterly meetings since 2014; has served on the Children & Youth Sub Committee in Region III; and was also elected to serve as chair of TDMHSAS Region III P&P council in July 2021.

Collaborations with other community partners are crucial to ensuring these institutions are able to support the community needs, recognize gaps in service delivery and develop additional resources for those served by the McNabb Center.



MCNABB CENTER PARTNERS WITH GIRLS, INC. TO PROVIDE SERVICES, BREAK DOWN BARRIERS

The McNabb Center was honored to receive a United Way Impact Grant to provide services benefiting the girls and families of Girls Inc. of Chattanooga.

This funding will diminish barriers surrounding mental health and substance use stigmas and improve access to care by offering social service resources provided through Girls Inc. in school and out of school programs.

“We are excited for the opportunity to partner with Girls Inc. of Chattanooga to provide this additional service in the community,” said Gayle Lodato, senior director of Greater Chattanooga Area services for McNabb Center. “It is important to break down barriers to care, and through this partnership we will work to end the stigma associated with mental health care.”

By way of a Master's degreed employee, this partnership offers a new social service,

academic and clinical resource for Girls Inc. participants to enhance the social-emotional support Girls Inc. provides. The program will foster collaboration between schools, academic enrichment and afterschool programs, clinical services and families to ensure positive outcomes for these girls.

The Center will begin on-site visits to build relationships, offer one-on-one and small group counseling, staff check-ins and training, and workshops to connect families with the appropriate resources.



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SCENIC CITY SPORTING CLAYS TOURNAMENT ON THE HORIZON

As we welcome a new year the Helen Ross McNabb Foundation is excited to announce that the Scenic City Sporting Clays Tournament will return in 2021!



Join us on Friday, April 16, 2021 at the beautiful Benton Sporting Clays facility (5244 Upper River Rd., Charleston, Tennessee). Flight times will include a morning and an afternoon flight. Each flight will host 15 teams and each participant will receive an event goody bag, t-shirt and lunch.

The tournament supports programs that serve thousands of children, adults and families in the Greater Chattanooga Area. For more information or to register your team, please visit mcnabbfoundation.org/scsc or contact Martin Hussey at (423) 290-6499 or at martin.hussey@mcnabb.org.



REAL ESTATE PARTNERS CHATTANOOGA EAST SPREADS CHRISTMAS CHEER



Real Estate Partners Chattanooga East spread Christmas cheer this year for dozens of local children. The real estate group sponsored 35 kids through McNabb Center's Dear Santa program.

Because of their generosity, 35 kids received Christmas presents and support throughout the 2020 holiday season.

For more than 15 years, the McNabb Center's Dear Santa program has provided holiday gifts for children and teens served by the Center and their siblings. Community partners and volunteers sponsor child wish-lists. Many of these wish lists included basic need items like winter clothing, diapers and educational supplies.

FIRST CLASSES GRADUATE FROM THERAPEUTIC PRESCHOOL

The Center is now excited to celebrate the graduation of the program's third class of participants! In August of 2020, the McNabb Center was fortunate to open its Therapeutic Preschool program in Chattanooga.

The McNabb Center currently provides the only two Therapeutic Preschools in the state of Tennessee. The Preschool is a 10-week outpatient program for children ages 4-6 who have experienced a traumatic event, such as abuse, neglect, natural disaster or loss of a loved one. Children enrolled in the preschool have special emotional needs that many childcare and school facilities are not equipped to accommodate. The program helps children learn to manage difficult feelings and make safe choices.

The Center has over 30 years of experience providing this level of care in Knoxville and has been successful in being

able to replicate and implement this program in the Greater Chattanooga area.

The preschool is accepting referrals while ensuring CDC social distancing is followed. As a result of the Center's diverse funding sources, children are able to receive services regardless of their family's ability to pay.





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WHEN: FRIDAY, APRIL 16, 2021

WHERE: BENTON SPORTING CLAYS FACILITY
(5244 UPPER RIVER RD., CHALESTON, TN)

FOR MORE INFORMATION OR TO
REGISTER YOUR TEAM, PLEASE VISIT
WWW.MCNABBFOUNDATION.ORG/SCSC

