

# NEWSLETTER WINTER 2023

## INAUGURAL MCNABB CENTER GOLF TOURNAMENT BENEFITS HAMILTON COUNTY



he inaugural McNabb Center Golf Tournament took place at McLemore Golf Resort. All proceeds from the tournament benefited the Hamilton County Therapeutic Preschool program.

Therapeutic Preschool, located at the McNabb Center's Shallowford Road facility, opened in July 2020. The program provides early intervention services to children ages 2-5 who have been abused, neglected, or have experienced trauma of any kind. During enrollment in the program, children learn to identify emotions and how to effectively express them in everyday situations. The children also learn how to identify safe adults to utilize in times of crisis.

## GAYLE LODATO SELECTED FOR LEADERSHIP HAMILTON COUNTY SCHOOLS

he Leadership Hamilton County cohort focuses on creating opportunities for a diverse group of community stakeholders to experience Hamilton County Schools in a unique way. The elected cohort gain an understanding of both the successes and challenges of providing leading support to our students.

"I am honored to be selected as a member of this year's Leadership Hamilton County Schools cohort," said Gayle Lodato, McNabb Center vice president. "I am excited to learn more about our school district and gain a better understanding of how the schools support our students."





Phil Iannarone, Central High School principal and Gayle Lodato, McNabb Center vice president

# INSIDE

AWARDS & RECOGNITIONS

# WELL MIND, WELL BEING.

DEAR SANTA & 12 DAYS OF CHRISTMAS

### INDIVIDUAL PLACEMENT AND SUPPORT SERVICES EXPAND IN HAMILTON COUNTY



n October 2022, the McNabb Center received additional funding from the Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) to expand

Individual Placement and Support (IPS) services in Hamilton County.

IPS is an evidence-based model of supported employment for people with serious mental illness. The McNabb Center has been providing Individual Placement and Support services (IPS) to individuals with mental health and co-occurring substance abuse needs since 2013. These services have been provided in the Greater Chattanooga region since 2018.

IPS supported employment helps people living with behavioral health conditions work at jobs

of their choosing. Clients complete an assessment identifying their interests, strengths and challenges in an employment setting. This process allows for the individual and employer to identify the best possible match and promotes successful work placements. Once employed, McNabb Center staff continues to support both the client and the employer by making frequent site visits and staying in contact with both the employee and the employer.

This expansion will increase the size of our team by adding an IPS Team leader and two employment specialists which allows the Center to help more individuals reenter the greater Chattanooga community as productive citizens.



# EMPLOYEE SPOTLIGHT: JASMINE RAY

asmine Ray, LPC, MHSP was nominated as the Best Black Therapist by Black Excellence Chattanooga (BEC). Jasmine joined the McNabb Center in 2015 as a Children and Youth Mental Health Case Manager and has since been promoted many times to her current position of Services Coordinator of Intensive Community Programs.

Jasmine is passionate about helping others and has worked hard to earn her degree and current position. Jasmine was born and raised in Chattanooga and is dedicated to improving not only the lives of those she serves at the McNabb Center, but also others in the Chattanooga community. Jasmine oversees the OnTrack Program and the community therapy services at the Family Justice Center. She provides additional supervision to the Tennessee Move Initiative and the Building Stable Lives/ Generations Stronger programs. Jasmine's knowledge of the community and specialized training in trauma and psychosis are remarkable and have been recognized not only by the McNabb Center but also by the community at large. Jasmine received her master's degree in mental health counseling from the University of Tennessee, Chattanooga in 2018.



Jasmine Ray (left) & Gayle Lodato (right)

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### NEARLY 150 LOCAL KIDS RECEIVE CHRISTMAS THANKS TO DEAR SANTA, 12 DAYS EVENT

ogether, the Beth Haynes 12 Days of Christmas Auction, presented by The Boyd Foundation and The Home Depot, and the Dear Santa program provided support for clients in need during the 2022 holiday season.

The 2022 auction raised over \$96,000 with over 400 items sold. The auction proceeds go directly to help fund the McNabb Center's Dear Santa program.

Because of partnerships with organizations, businesses and individuals in the Greater Chattanooga area, nearly 150 children were served by local Chattanooga sponsors. Two groups, Real Estate Partners Chattanooga, LLC and Christ Church sponsored more than 100 local children combined.

The holidays can be a difficult time for many, and the Dear Santa program helps make them a little brighter for those in need. Thank you to all of our sponsors and donors for providing holiday joy to our clients!







# $\begin{array}{c} Helen\,Ross\,McNabb\\ F\ O\ U\ N\ D\ A\ T\ I\ O\ N \end{array}$

Through the Helen Ross McNabb Foundation's giving options, you have the opportunity to leave a legacy starting today. There are many ways you can create a brighter future for children, adults and families in East Tennessee by remembering the McNabb Center in your financial planning or giving through special events, programs and campaigns. For more information, please call the Foundation at (865) 541-6684.

### Gifts from July 1, 2022 - December 31, 2022

### BETH HAYNES 12 DAYS OF CHRISTMAS AUCTION

Christian Community Foundation of Memphis and the Mid-South D&K Management, Inc. David N. Wedekind Davis Haynes Fox Toyota Internet Marketing Expert Group Junk Bee Gone LLC onecause Pickering & Allen Orthodontics Realty Executives Associates The Boyd Foundation Titanic Tenessee LLC Trust Company of Tennessee

### DEAR SANTA

Connie Ayers Mary Jo Barbaretta Christ Church Katelyn Elser Sara Rudder Herring Gayle Lodato Raquel Morris Katelyn Nell Marisa Ogles Real Estate Partners Chattanooga Robert Wood

### HAMILTON COUNTY GENERAL FUND

Scott and Margaret Ferguson Community Foundation of Greater Chattanooga

### MCNABB CENTER GOLF TOURNAMENT

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Ron and Hillary Schram



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